

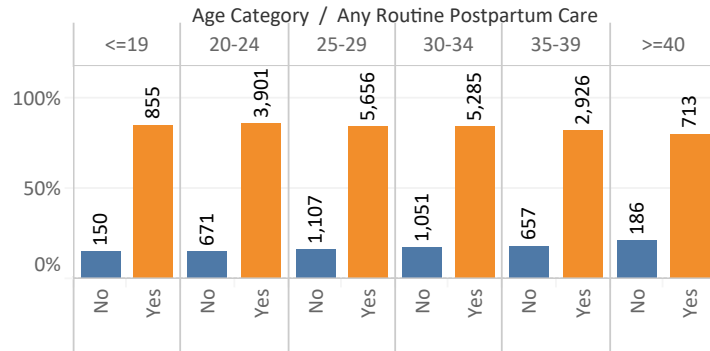
# Postpartum Care in Oregon, 2017



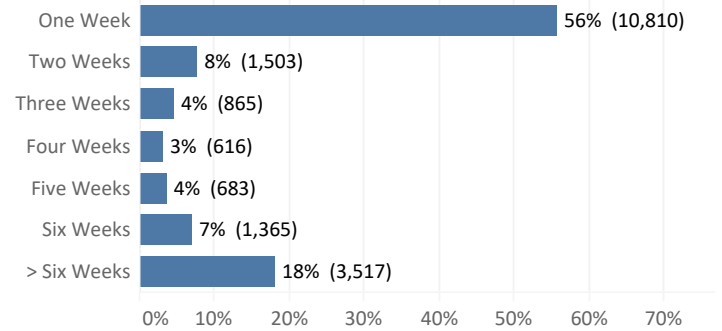
## Key Takeaways:

- Across all age groups, mothers aged 19 and under were most likely to seek routine postpartum care, and mothers aged 40 and over were least likely.
- 37% of mothers received routine postpartum care within three weeks of hospital discharge, and 64% received routine postpartum care within eight weeks of hospital discharge.
- Compared to a national benchmark of commercially insured women, fewer women in Oregon had a postpartum visit between 21 and 56 days of delivery (49% vs. 71%).

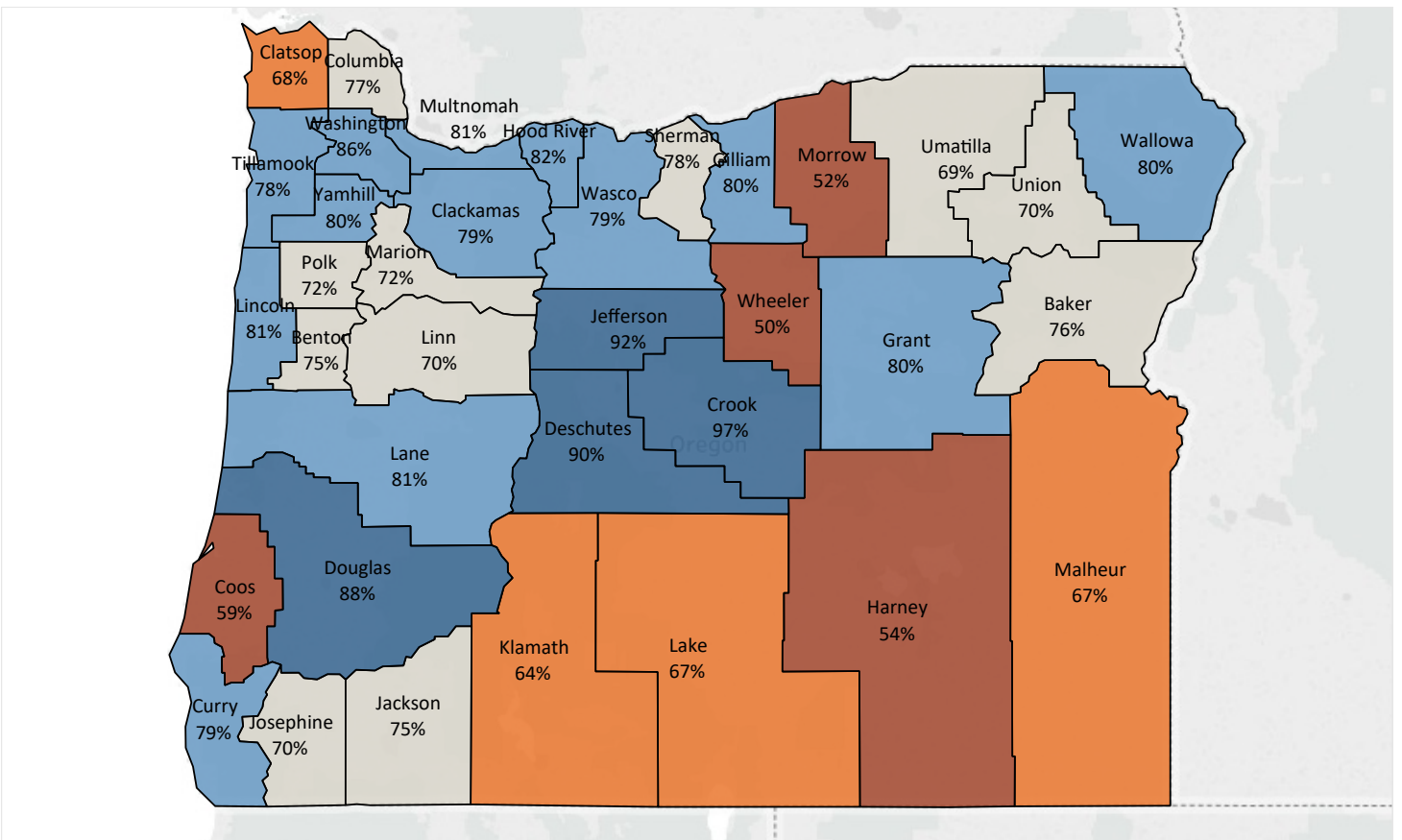
## Any routine postpartum care, by age group



## Weeks to first routine postpartum visit



## Percent of patients who received any routine postpartum care, by county



## Top 5 diagnosis categories for routine postpartum visits

Diagnoses related to pregnancy; childbirth; and the puerperium	76.9%
Symptoms; signs; and ill-defined conditions and factors	9.3%
Mental illness	7.9%
Diseases of the musculoskeletal system and connective tissue	2.7%
Diseases of the genitourinary system	1.5%
All other diagnoses	1.8%

Included data: All maternal live birth deliveries with delivery dates between 1/1/2017 and 12/31/2017 in the Oregon Data Collaborative's All Payer Claims Database (ODC APCD). Comagine Health works with Oregon's largest commercial health insurers plus the Oregon Health Authority and the Centers for Medicare & Medicaid Services to develop our comprehensive claims database, which includes claims from 2011 to present, representing data for over 3 million covered Oregonian lives. Our database includes 82 percent of the fully insured population, 24 percent of the self-insured population, 100 percent of the Medicaid population and 89 percent of the Medicare population in Oregon.

- All birth settings are included, including out-of-hospital deliveries
- All insurance types are included (Medicaid, Medicare, Commercial)

Any routine postpartum care is defined as receiving any of the following services within 90 days of discharge:

- Evaluation of weight, blood pressure, breasts and abdomen, or notation of postpartum care
- Notation of "postpartum care," "PP care," "PP check," or "6-week check"
- Breastfeeding evaluation and education
- Pelvic exam
- Postpartum depression screening
- Postpartum anxiety screening
- Postpartum glucose screening for gestational diabetes patients
- Family and contraceptive planning

#### Diagnosis Categories

We used the AHRQ - HCUP clinical classifications software for ICD-10 diagnosis codes to assign the diagnosis codes for each visit to meaningful diagnostic categories. You can learn more about this software here:

<https://www.hcup-us.ahrq.gov/toolssoftware/ccs/ccs.jsp>

For more information about this analysis or the Oregon Data Collaborative, please visit:

<http://www.q-corp.org/our-work/measurement-reporting>

<http://q-corp.org/reports/omdc>

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